

ORANGE SHIRT DAY

In remembrance and recognition of the experiences of residential school survivors

www.orangeshirtday.org

Orange Shirt Day, which has now become recognized as a **National Day for Truth and Reconciliation**, grew out of Phyllis (Jack) Webstad's story of having her shiny new orange shirt taken away on her first day of residential school. It provides an opportunity to annually recognize and commemorate the legacy of residential schools, and, in the spirit of reconciliation, come together as a community in remembrance and hope for generations of children to come, with the message that "Every Child Matters."



Phyllis (Jack) Webstad in the 1970s.

Read Phyllis' story in her own words at www.orangeshirtday.org.

How to Participate

Orange Shirt Day is held annually on **September 30**.

Wear orange as a symbol of remembrance. Join and participate in an Orange Shirt Day event in your community; and learn more using the resources provided here.



This artwork, featuring interlocking hands made to resemble a sweetgrass braid, is by OCAD U alumna Mariah Meawasige, of the Serpent River First Nation.

Content Warning

The links below contain resources that describe cases of abuse.

Look to meet your basic needs to take care of yourself before and after reviewing any of these resources (a snack, a meal, a walk, etc.). If you're able, before and after reviewing this content, please consider talking to someone you trust (should you need it).

OCAD University students may seek support through the
Student Wellness Centre
416-977-6000, Ext. 260 | studentwellness@ocadu.ca
www.ocadu.ca/swc

Should you need to talk to someone immediately:

Distress Centre Toronto at 416-408-4357
Kids Help Phone at 1-800-668-6868

Should you need to talk to someone immediately and you are Indigenous:

First Nations and Inuit Hope for Wellness Help Line: 1-855-242-3310
National Residential School Crisis Line: 1-866-925-4419

Learn more about the impacts of Canada's Residential School System and the experiences of its survivors

National Centre for Truth and Reconciliation

Read the 94 Calls to Action

Aboriginal Healing Foundation

Deepening Knowledge, OISE

Crown-Indigenous Relations and Northern Affairs Canada